

# RECOMMENDED VACCINES
























FOR  
ADULTS  
LIVING  
WITH HIV



ImmunizeBC

## RECOMMENDED VACCINES FOR ADULTS LIVING WITH HIV

To learn about these vaccines to go: [ImmunizeBC.ca](https://immunizebc.ca)

 VACCINES	Recommended: FREE	Recommended: For Purchase	Available For Purchase
<b>CHICKENPOX</b> Live vaccine	Determined by your doctor or HIV specialist		
<b>HAEMOPHILUS INFLUENZA TYPE B</b>	 1 dose		
<b>HEPATITIS A</b>	   3 dose series		
<b>HEPATITIS B</b>	   /  3 or 4 higher dose series		
<b>HUMAN PAPILOMAVIRUS (HPV 9)</b>	   3 dose series ≤ 26 years of age	   3 dose series Women ≤ 45 years of age Men ≥ 27 years of age who have sex with men	   3 dose series Women ≥ 46 years of age Men ≥ 27 years of age
<b>MENINGOCOCCAL VACCINES</b>		Men-C-ACYW	4CMenB
<b>INACTIVATED INFLUENZA</b>	 1 dose every year		
<b>MEASLES, MUMPS RUBELLA</b> Live vaccine	Determined by your doctor or HIV specialist		
<b>PNEUMOCOCCAL CONJUGATE-13</b>	 1 dose		
<b>PNEUMOCOCCAL POLYSACCHARIDE-23</b>	 1 dose Repeat 5 years later		
<b>TETANUS, DIPHTHERIA, PERTUSSIS (Td, Tdap)</b>	 Td every 10 years	 Tdap once as an adult	
<b>SHINGLES:</b> Non-live recombinant	Determined by your doctor or HIV specialist		
<b>TRAVEL VACCINES:</b>	Varies by destination. Available for purchase from travel health clinics, most pharmacies and some doctor's offices. Go to: <a href="https://immunizebc.ca/travellers">ImmunizeBC.ca/travellers</a>		

## COMMON QUESTIONS ABOUT VACCINES



**Q: My viral load is undetectable, do I need vaccines?**

**Yes.** Even with effective HIV treatment, people living with HIV are still at a higher risk of catching many diseases vaccines prevent. Vaccines are one of the safest and most effective ways to prevent disease.

**Q: Is it important for me to get vaccinated?**

**Yes.** It is important for you to get all your recommended vaccines. If we stop vaccinating, these diseases will come back. Until these diseases are eliminated, we need to keep vaccinating against them to protect ourselves and others.

**Q: Do vaccines work?**

**Yes.** Vaccines work and protect you from diseases without the risk of getting sick. They are made using a killed or weakened version of antigens (the disease-causing germ or parts of the germ). For some vaccines, genetic engineering is used to make the antigens. It's much safer to get a vaccine than to get the disease it prevents.

**Q: Is there a difference between a live and non-live vaccine?**

**Yes. Live vaccines** (chickenpox, MMR) are made from a weakened version of the disease-causing germ. For most people live vaccines are safe, but must be used with caution in people living with HIV.

**Non-live vaccines** (inactivated) are made from a killed version of the disease-causing germ and you may need multiple doses for stronger protection against the disease.

**Q: Do I need the inactivated influenza vaccine very year?**

**Yes.** Unlike other vaccines, a dose of the inactivated (non-live) influenza (flu) vaccine is needed annually. Every year there are different influenza viruses that people can catch. As a result, a new version of the vaccine is created to provide protection against the current influenza viruses.

**Q: Can the inactivated influenza vaccine give me the flu?**

**No.** The inactivated (non-live) influenza vaccine cannot give you the flu. Influenza vaccines are a safe and effective way to help people stay healthy, prevent illness, and even save lives.

## QUESTIONS?

Visit: [ImmunizeBC.ca](https://immunizebc.ca)

Call HealthLinkBC at 8-1-1

Speak to your health care provider

Contact your local health unit\*



Health Unit Finder:  
[ImmunizeBC.ca/finder](https://immunizebc.ca/finder)

\*Health units are called public health units, community health centres or primary care homes in some areas of B.C.



**Book an immunization appointment**  
Sign up to receive immunization  
appointment reminders via text message!

Two ways to sign up:

1. Text "sign up" to **604-757-0583**
2. Visit: [ImmunizeBC.ca/reminders](https://immunizebc.ca/reminders)



A free immunization tracking app. To learn more and download, visit [www.canimmunize.ca](https://www.canimmunize.ca)