

An Advisory Committee Statement (ACS) National Advisory Committee on Immunization (NACI)

Recommendation on Repeated Seasonal Influenza
Vaccination

PROTECTING AND EMPOWERING CANADIANS TO IMPROVE THEIR HEALTH



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**TO PROMOTE AND PROTECT THE HEALTH OF CANADIANS THROUGH LEADERSHIP, PARTNERSHIP,
INNOVATION AND ACTION IN PUBLIC HEALTH.**
—Public Health Agency of Canada

Également disponible en français sous le titre : Recommandation sur la vaccination répétée contre la grippe saisonnière du Comité consultatif national de l'immunisation (CCNI)

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PREAMBLE

The National Advisory Committee on Immunization (NACI) is an External Advisory Body that provides the Public Health Agency of Canada (PHAC) with independent, ongoing and timely medical, scientific, and public health advice in response to questions from PHAC relating to immunization.

In addition to burden of disease and vaccine characteristics, PHAC has expanded the mandate of NACI to include the systematic consideration of programmatic factors in developing evidence based recommendations to facilitate timely decision-making for publicly funded vaccine programs at provincial and territorial levels.

The additional factors to be systematically considered by NACI include: economics, ethics, equity, feasibility, and acceptability. Not all NACI Statements will require in-depth analyses of all programmatic factors. While systematic consideration of programmatic factors will be conducted using evidence-informed tools to identify distinct issues that could impact decision-making for recommendation development, only distinct issues identified as being specific to the vaccine or vaccine-preventable disease will be included.

This statement contains NACI's independent advice and recommendations, which are based upon the best current available scientific knowledge. This document is being disseminated for information purposes. People administering the vaccine should also be aware of the contents of the relevant product monograph. Recommendations for use and other information set out herein may differ from that set out in the product monographs of the Canadian manufacturers of the vaccines. Manufacturer(s) have sought approval of the vaccines and provided evidence as to its safety and efficacy only when it is used in accordance with the product monographs. NACI members and liaison members conduct themselves within the context of PHAC's Policy on Conflict of Interest, including yearly declaration of potential conflict of interest.

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Summary of the Information Contained in this NACI Statement

The following highlights key information for immunization providers. Please refer to the remainder of the statement for details.

1. What

Influenza is a respiratory illness caused primarily by influenza A and B viruses. The burden of influenza varies from year to year. Prior to the COVID-19 pandemic, influenza was responsible for an estimated 12,200 hospitalizations and 3,500 deaths annually in Canada. Influenza vaccination is repeated annually due to waning immunity and the tendency of influenza viruses to frequently mutate, requiring changes in the vaccine formulation.

Some studies from different influenza seasons have suggested that receiving the seasonal influenza vaccine in one or more previous seasons may reduce the effectiveness of the vaccine against strains circulating in the current season, while other studies have not.

2. Who

This Statement applies to all individuals 6 months of age and older who are not contraindicated to receive the influenza vaccine.

3. How

The seasonal influenza vaccine should be offered to all individuals 6 months of age and older on an annual basis, regardless of whether they received a seasonal influenza vaccine in prior seasons.

4. Why

Annual influenza vaccination reduces the morbidity and mortality associated with influenza infection. Overall, the evidence shows no difference in the effectiveness of repeated influenza vaccination compared to vaccination in the current season only. Of all the seasons investigated across many studies, only during two influenza seasons was repeated vaccination across seasons associated with a reduced effectiveness against influenza A(H3N2), compared to vaccination in the current season only. Further evaluation of the effects of repeated influenza vaccination on vaccine effectiveness (VE) is needed as there is currently no predictable association that could inform vaccine program decisions from year to year. Also, repeated vaccination including the current season is consistently more effective than no vaccination in the current season.

I. INTRODUCTION

Influenza is a respiratory illness caused primarily by influenza A and B viruses. Prior to the COVID-19 pandemic, influenza was estimated to cause approximately 12,200 hospitalizations¹ and 3,500 deaths² annually in Canada. Although the epidemiology of influenza has changed during the course of the COVID-19 pandemic, seasonal influenza presents an ongoing disease burden in Canada during the fall and winter months, which varies from year to year. To reduce the morbidity and mortality associated with influenza, the National Advisory Committee on Immunization (NACI) recommends annual influenza vaccination for everyone 6 months of age and older who does not have contraindications to the vaccine³. Influenza vaccination must be repeated annually due to waning of vaccine and infection-induced immunity against influenza over time and because influenza viruses frequently undergo antigenic drift. As a result, the World Health Organization (WHO) convenes twice a year to assess the currently circulating influenza strains and to recommend which strains should be used in the influenza vaccine for the upcoming Northern and Southern Hemisphere influenza seasons⁴.

However, there is a growing body of evidence that explores the potential negative effects of repeated seasonal influenza vaccination on current season VE. This issue was first studied in the 1970s⁵, and since then several studies have indicated a potential negative impact of prior influenza vaccination on current season influenza VE⁶⁻¹⁰. The most prominent theory explaining this phenomenon is the antigenic distance hypothesis^{7,11}. This hypothesis theorizes that influenza vaccination in the prior season may negatively interfere with the VE in the current season if the antigenic distance (difference) between the prior and current season's vaccine strain is small, but the antigenic distance between the prior season's vaccine strain and the current season's circulating strain is large⁷. Furthermore, additional observations and theories suggest that immune "imprinting" for influenza responses can be linked to birth cohort and influenced by early exposures that happened in previous seasons, notably the first influenza virus exposure of life^{12,13}. It is not yet well understood how repeated vaccination may impact influenza vaccine immune response. The current overview does not aim to address theories of how differences in VE due to repeated influenza vaccination may occur, but rather to determine the overall impact of this phenomenon and to provide an evidence base for population-level and individual-level vaccination decisions regarding annual influenza vaccination.

The primary objective of this overview of reviews is:

- To summarize the evidence from systematic reviews on the effects of repeated seasonal influenza vaccination on VE, vaccine efficacy and immunogenicity

II. Methods

II.1 Research question

What are the effects of repeated seasonal influenza vaccination on VE, efficacy, and immunogenicity?

P (population):	Adults and children
I (intervention):	Seasonal influenza vaccination in prior season(s) and current season
C (comparison):	Seasonal influenza vaccination in prior season(s) only OR in current season only OR unvaccinated in any season included in the study
O (outcome):	VE, vaccine efficacy, or immunogenicity in the current season
S (study design):	Systematic review and meta-analysis

An a priori search strategy was developed in collaboration with a federal reference librarian of the Health Library of Health Canada and PHAC that included search terms for “influenza”, “repeated vaccination”, “systematic review”, and “meta-analysis”. The complete search strategy can be found in Appendix A. The search was limited to studies published in the English or French language and to a publication date of 2016 to June 2019. NACI was already aware of two systematic reviews that were published in 2017^{14,15}; therefore, the search was restricted to systematic reviews (SRs) and meta-analyses (MAs) published in 2016 or later to ensure that any additional recent and relevant SRs/MAs were captured. No limitation was placed on the types of primary study designs included in the SR/MA.

Inclusion criteria:

1. The study is a SR/MA;
2. The study assesses the effects of repeated influenza vaccination on VE, efficacy or immunogenicity.

Exclusion criteria:

1. The study only presents primary research;
2. The study is in language other than English or French;
3. The study only includes non-human studies;
4. The date of publication of the study is prior to 2016.

Abstracts and titles of records retrieved by the database search were loaded into DistillerSR (Evidence Partners, Ottawa, Canada) for screening. If the abstract and title met the inclusion criteria, or if it was not possible to determine eligibility based on the abstract and title alone, the full text was assessed for eligibility. Two reviewers independently screened titles, abstracts, and full texts for eligibility. Full texts that met all inclusion criteria were further assessed for the relevance of the SR/MA’s PICO, as compared to the PICO formulated a priori by the NACI Influenza Working Group (outlined above) and for quality. SRs/MAs that were not considered sufficiently relevant for NACI’s purposes or were not of sufficient quality were excluded from synthesis. This approach to the inclusion of systematic reviews into public health guidance was based on the methodology proposed within the Project on a Framework for Rating Evidence in Public Health (PRECEPT)¹⁶ and was initially developed by the United States Agency for Healthcare Research and Quality (AHRQ)¹⁷. The quality of the SRs/MAs were assessed using AMSTAR 2¹⁸, which is a tool specifically designed to examine SR/MA quality. SRs/MAs for which reviewers had many serious concerns across AMSTAR 2 domains would be excluded.

Data from included SRs/MAs were extracted using a template with variables defined a priori. Extracted pooled effect estimates from SRs/MAs were assumed to represent pooled unadjusted estimates, unless otherwise specified. Quality assessment and data extraction were completed independently by two reviewers. Any disagreements during eligibility assessment, quality assessment, or data extraction were discussed until a consensus was reached. Results of subgroup analyses that included only one study were not extracted. Evidence was synthesized narratively, and estimates from all included SRs/MAs were discussed, regardless of primary study overlap.

III. RESULTS

III.1 Study Characteristics

Through a comprehensive literature search performed on October 27, 2017 and updated on June 3, 2019, five SRs/MAs were identified as eligible for inclusion in the evidence synthesis; two through Medline^{19,20}, one through PROSPERO²¹, and two that had previously been identified by experts^{14,15}. All five of the identified SRs/MAs sufficiently aligned with this overview's PICO ([Table 1](#)). No new or ongoing SRs/MAs eligible for inclusion were identified through additional PROSPERO search updates conducted through March 2022. A complete PRISMA flow diagram can be found in Appendix B, and a full list of excluded studies and reason for exclusion is available upon request. None of the SRs/MAs included primary studies that assessed immunogenicity. Additional inclusion and exclusion criteria outlined for each SR/MA that were not specified by this overview's PICO are detailed in [Table 2](#).

Table 1: Alignment of SRs/MAs' inclusion and exclusion criteria with this overview's PICO^a

PICO	Criteria	Ramsay et al. 2019 ¹⁵	Bartoszko et al. 2018 ²¹	Morimoto et al. 2018 ²⁰	Belongia et al. 2017 ¹⁴	Caspard et al. 2016 ¹⁹
Population	All ages included	Yes	Yes	Yes	Yes	Partial (studies on adults 18 years of age and older excluded)
Intervention/ Comparison	Seasonal influenza vaccination in the prior influenza season and in the current season	Yes	Yes	Yes	Yes	Yes
	Seasonal influenza vaccination in the prior influenza season only	Yes	Yes	Yes	Yes	Yes
	Seasonal influenza vaccination in the current influenza season only	Yes	Yes	Yes	Yes	Yes
	Unvaccinated with influenza vaccination in both the prior influenza season and in the current season	Yes	Yes	No	Yes	Yes
	Any seasonal influenza vaccine used for vaccination	Yes	Yes	Yes	Yes	No (only included studies on live attenuated influenza vaccine)
Outcomes	Studies investigating vaccine effectiveness or efficacy	Yes	Yes	Yes	Yes	Yes
	Studies investigating immunogenicity	No	No	No	No	No

^aYes: SR/MA's PICO aligns with this overview's PICO; No: SR/MA's PICO does not align with this overview's PICO; Partial: SR/MA's PICO partially, but not completely, aligns with this overview's PICO.

Results from the AMSTAR 2 quality assessment are presented in [Table 3](#). For this review, none of the domains within AMSTAR 2 were highlighted as “critical”. The SRs/MAs conducted by Bartoszko et al., Morimoto et al., and Ramsay et al. were similar in quality and had minor differences across domains. Importantly, The SR/MA conducted by Belongia et al. was judged to be of lower quality primarily due to the lack of a documented risk of bias (RoB) appraisal of included studies. None of the SRs/MAs included a list of excluded studies or reported the funding sources for included primary studies. In addition, none of the SRs/MAs provided a full investigation of heterogeneity within the results; however, most studies discussed important, non-measured factors that would impact VE in the discussion (e.g., history of natural infection). Two of the reviews searched the grey literature (i.e., trial registries)^{14,21}, three assessed the quality of the included studies^{15,20,21}, and two assessed the likelihood of publication bias^{20,21}. The SR/MA conducted by Caspard et al. had a large number of serious concerns across almost all AMSTAR 2 domains. Of particular note, no evidence for a priori design was provided, study selection and data extraction were not performed in duplicate, no quality assessment was specified, and heterogeneity was not assessed. In addition, a fixed effects model was used to estimate the efficacy of the influenza vaccines, which, given the expected differences in estimates across seasons, would not be appropriate; a random effects model would be preferred and was used in all other included SRs/MAs. Due to the limitations of the Caspard et al. SR/MA regarding these AMSTAR 2 domains, this SR/MA was excluded from evidence synthesis.

Table 2: Inclusion and exclusion criteria of included SRs/MAs identified as eligible that were not specified by this overview’s PICO^a

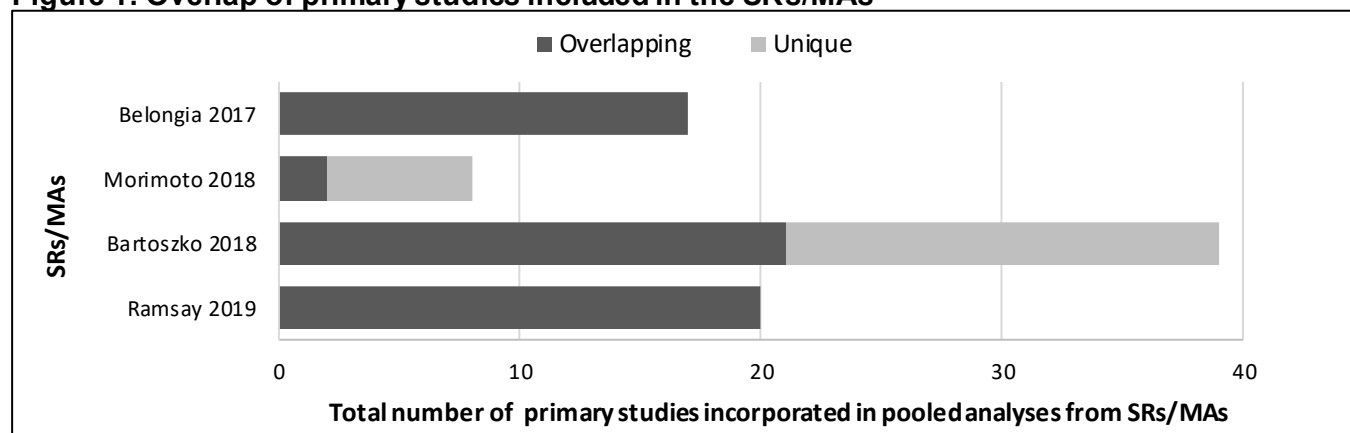
PICO(T)	Criteria	Ramsay et al. 2019 ¹⁵	Bartoszko et al. 2018 ²¹	Morimoto et al. 2018 ²⁰	Belongia et al. 2017 ¹⁴	Caspard et al. 2016 ¹⁹
Intervention/ Comparison	Also included studies with vaccination in 2 or more prior influenza seasons	Included (Excluded from meta-analysis)	Included	Included	Excluded	Unknown (Not excluded)
	Vaccination with a monovalent pandemic influenza vaccine	Unknown (Not excluded)	Not explicitly excluded	Excluded	Excluded	Unknown (Not excluded)
Outcomes	Influenza infection defined as medically-attended and laboratory confirmed by reverse transcriptase-polymerase chain reaction (RT-PCR)	Included	Included	Included	Included	Unknown (Not excluded)
	Influenza infection defined as medically-attended and laboratory confirmed by any method	Unknown (Not included)	Included	Included	Unknown (Not included)	Unclear (Method of laboratory confirmation not stated)
Study design	RCT	Unknown (Not included)	Included	Included	Included	Included

PICO(T)	Criteria	Ramsay et al. 2019 ¹⁵	Bartoszko et al. 2018 ²¹	Morimoto et al. 2018 ²⁰	Belongia et al. 2017 ¹⁴	Caspard et al. 2016 ¹⁹
	Observational studies	Included	Included	Unknown (Not included)	Partially included (includes only test-negative case-controls, case-controls, and cohort, others not included)	Excluded
	Cost-effectiveness studies, review articles	Unknown (Not included)	Unknown (Not included)	Unknown (Not included)	Excluded	Excluded
	Conference abstract or proceeding	Excluded	Unknown (Not excluded)	Unknown (Not included)	Unknown (Not excluded)	Unknown (Not excluded)
	Article is an interim VE report that was superseded by an end-of-season report	Excluded	Unknown (Not excluded)	Unknown (Not included)	Unknown (Not excluded)	Unknown (Not excluded)
	Study did not apply standard symptom criteria for enrollment	Unknown (Not excluded)	Unknown (Not excluded)	Unknown (Not excluded)	Excluded	Unknown (Not excluded)
	Study used a convenience sample of clinical diagnostic tests as opposed to predefined screening criteria	Unknown (Not excluded)	Unknown (Not excluded)	Unknown (Not excluded)	Excluded	Unknown (Not excluded)
Timing	Study reported current season VE for pre-2009 seasonal influenza	Unknown (Not excluded)	Unknown (Not excluded)	Unknown (Not excluded)	Excluded	Unknown (Not included)

^aIncluded: SR/MA explicitly states as inclusion criteria; Excluded: SR/MA explicitly states as exclusion criteria; Unknown: SR/MA does not explicitly state as inclusion/exclusion criteria; inclusion/exclusion criteria may or may not preclude from including/excluding studies.

The two studies that assessed the quality of included observational studies found that the RoB for included observational studies was low according to the Newcastle-Ottawa Scale^{15,21}. The evidence for laboratory confirmed influenza (LCI) infection from randomized controlled trials (RCTs) included by Bartoszko et al. was determined by the authors to have a serious RoB, according to Cochrane's RoB tool for RCTs, due to improper allocation concealment, loss to follow-up and private or unclear funding²¹. Of the RCT studies included by Morimoto et al., the authors considered three to have a high RoB, two to have a low RoB, and three to have an unclear RoB²⁰. Belongia et al. did not perform a quality assessment of their included studies; however, the quality of all their included studies was examined in at least one other SR/MA¹⁴ (see [Figure 1](#)).

All four SRs/MAs that were included contained a systematic review and a meta-analysis of the effects of repeated influenza vaccination on vaccine efficacy or effectiveness, and analyzed findings from a total of 24 unique primary studies. There was substantial overlap in the primary studies included in the SRs/MAs, with findings from 24 of 48 primary studies (50%) assessed in more than one SR/MA. Details on primary study overlap among the included SRs/MAs can be seen in [Figure 1](#).

Figure 1: Overlap of primary studies included in the SRs/MAs**Table 3: Risk of bias of eligible SRs/MAs (AMSTAR 2)**

AMSTAR 2 criteria	Ramsay et al. 2019 ¹⁵	Bartoszko et al. 2018 ²¹	Morimoto et al. 2018 ²⁰	Belongia et al. 2017 ¹⁴	Caspard et al. 2016 ¹⁹
1. Did the research questions and inclusion criteria for the review include the components of PICO?	Yes	Yes	Yes	Yes	Yes
2. Did the review report contain an explicit statement that the review methods were established prior to its conduct and did the report justify any significant deviations from the protocol?	Yes	Yes	No	No	No
3. Did the review authors explain their selection of the study designs for inclusion in the review?	No	No	Yes	No	No
4. Did the review authors use a comprehensive literature search strategy?	Partial Yes	Partial Yes	No	No	No
5. Did the review authors perform study selection in duplicate?	Yes	Yes	Yes	No	No
6. Did the review authors perform data extraction in duplicate?	Yes	Yes	Yes	Yes	No
7. Did the review authors provide a list of excluded studies and justify the exclusions?	No	No	No	No	No
8. Did the review authors describe the included studies in adequate detail?	Yes	Yes	Yes	Yes	Yes
9. Did the review authors use a satisfactory technique for assessing the RoB in individual studies that were included in the review?	Yes	Yes	Yes	No	No
10. Did the review authors report on the funding sources for the studies included in the review?	No	No	No	No	No
11. If meta-analysis was performed, did the review authors use appropriate methods for statistical combination of results?	Yes	Yes	Yes	Yes	No
12. If meta-analysis was performed, did the review authors assess the potential impact of RoB in individual studies on the results of the meta-analysis or other evidence synthesis?	Yes ^a	No	Yes	No	No

13. Did the review authors account for RoB in individual studies when interpreting/discussing the review results?	Yes	Yes	No	No	No
14. Did the review authors provide a satisfactory explanation for, and discussion of, any heterogeneity observed in the review results?	No	No	No	No	No
15. If they performed quantitative synthesis, did the review authors carry out an adequate investigation of publication bias (small study bias) and discuss its likely impact on the review results?	No	Yes	Yes	No	No
16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?	Yes	Yes	Yes	Yes	Yes
Total (out of 16)	10.5	10.5	10	5	3

^a Only low risk of bias observational studies were included, sensitivity analysis was not possible.

Two of the SRs/MAs included primary studies with RCT and observational designs^{14,21}, one included only RCTs²⁰, and one included only observational studies¹⁵. A test-negative case-control design was the most common type of observational study design of the included primary studies. The SR/MA conducted by Bartoszko et al. had the least restrictive study selection criteria and included the largest number of studies. Two SRs/MAs included only primary studies that confirmed influenza infection by RT-PCR^{14,15}. Bartoszko et al. included studies which confirmed influenza infection by RT-PCR or viral culture as the primary outcome, and by any laboratory method as a secondary outcome. A sensitivity analysis performed by the authors indicated that the inclusion of studies that did not confirm influenza infection by RT-PCR or viral culture did not significantly alter the effect estimates; therefore, the authors chose to include these studies in their final meta-analysis. Morimoto et al. also included studies that defined LCI as confirmed by RT-PCR and serology and/or culture; however, no sensitivity analysis for method of laboratory confirmation was performed.

All four SRs/MAs^{14,15,20,21} reported pooled effect estimates for vaccine efficacy or effectiveness of repeated influenza vaccination using a random effects model; however, each used a different method to combine primary study data. Belongia et al. calculated separately the pooled, unadjusted VE of vaccination in two consecutive seasons (i.e., the current and prior season), vaccination in the current season only, and vaccination in the prior season only, with no vaccination in both the current and prior seasons as a referent. Ramsay et al. pooled the differences in adjusted VE estimates for the different scenarios to control for within-study confounding. Bartoszko et al. calculated the unadjusted odds ratios (ORs) of medically-attended, LCI, comparing individuals with vaccination in two consecutive seasons to individuals with vaccination in the current season only. Morimoto et al. calculated the relative risk (RR) for medically-attended, LCI in individuals with vaccination in two consecutive seasons compared to individuals who were vaccinated in the current season only.

III.2 Evidence for vaccine efficacy and effectiveness of repeated vaccination compared to vaccination in current season only

In general, influenza vaccination in two consecutive seasons did not have a negative or positive effect on VE in comparison to vaccination in the current season only; however, there were two circumstances in which a potential negative effect was demonstrated. One SR/MA demonstrated a pooled negative effect of vaccination in two consecutive seasons for VE against influenza A(H3N2) in the 2010–2011 influenza season²¹ and another SR/MA found a pooled negative effect for VE against influenza A(H3N2) in the 2014–2015 influenza season¹⁵.

In addition, the odds of having medically-attended LCI were statistically significantly higher when the seasonal influenza vaccine was administered over multiple (three or more) consecutive seasons²¹, compared to the current season only; however, data on this exposure were limited (refer to [section III.2.3](#) for further information).

III.2.1 Vaccine effectiveness by influenza type and subtype

Three SRs/MAs reported pooled VE stratified by influenza type and subtype comparing participants vaccinated in the prior and current season with participants vaccinated in the current season only^{14,15,21}.

Influenza A(H1N1): All three SRs/MAs assessed the effect of repeated vaccination on VE against influenza A(H1N1). Belongia et al. excluded studies which reported current season VE for pre-2009 seasonal influenza; therefore, the estimates represent the VE against influenza A(H1N1)pdm09 specifically, whereas Ramsay et al. and Bartoszko et al. pooled estimates for VE against influenza A(H1N1) during any season. The meta-analyses conducted by Belongia et al. and Ramsay et al. assessed the effect of receiving seasonal influenza vaccine in the current and prior seasons, whereas the pooled estimates reported by Bartoszko et al. included estimates from studies which assessed the effect of receiving seasonal influenza vaccine in the current seasons and seasonal or monovalent pandemic vaccine in the prior season. None of the SRs/MAs showed differences in VE for those vaccinated in two consecutive seasons and those vaccinated in the current season only for influenza A(H1N1).

Bartoszko et al.²¹ found that the unadjusted odds of medically-attended, LCI A(H1N1) were statistically similar among participants vaccinated in two consecutive seasons and among participants vaccinated in the current season only. This result was consistent when the OR was calculated using estimates from RCTs [OR: 0.86, 95% confidence interval (CI): 0.38 to 1.96%, I²: 0%] and from observational studies (OR: 0.87, 95% CI: 0.67 to 1.12%, I²: 46%). Ramsay et al.¹⁵ found no statistically significant difference in adjusted VE against influenza A(H1N1) when influenza vaccination in two consecutive seasons was compared to vaccination in current season only (pooled VE difference: 3%, 95% CI: -8 to 13%, I²: 0%). Belongia et al.¹⁴ did not directly compare VE between the two groups; however, they reported similar (i.e., widely overlapping 95% CI) pooled estimates of unadjusted VE against influenza A(H1N1)pdm09 for participants who received influenza vaccine in two consecutive seasons (pooled VE: 67%, 95% CI: 53 to 78%, I²: 69%) and for participants who received influenza vaccine in the current season only (pooled VE: 58%, 95% CI: 48 to 67%, I²: 0%).

Influenza A(H3N2): All three SRs/MAs assessed the effect of repeated seasonal vaccination on VE against influenza A(H3N2). However, results from the SRs/MAs were inconsistent.

Similar to the findings for influenza A(H1N1), Bartoszko et al. did not find a statistically significant difference in the pooled unadjusted odds of having medically-attended, LCI A(H3N2) between participants who received an influenza vaccine in the current and prior season compared with participants who received the vaccine in the current season only [OR (RCTs): 0.71, 95% CI: 0.37 to 1.34%, I²: 0%; OR (observational): 1.09, 95% CI: 0.86 to 1.38%, I²: 70%]. The pooled VE results reported by Belongia et al. showed that, while influenza vaccination in the current season only produced statistically significant VE against influenza A(H3N2) infection (pooled VE: 39%, 95% CI: 16 to 55%, I²: 73%), influenza vaccination in two consecutive seasons did not (pooled VE: 17%, 95% CI: -10 to 37%, I²: 86%). Ramsay et al. also did find a statistically significant difference in the pooled adjusted VE against influenza A(H3N2) when vaccination in two consecutive seasons was compared to vaccination in the current season only (pooled VE difference: -20%, 95% CI: -36 to -4%, I²: 35%). The authors noted that this appeared to be driven by estimates from the 2014–2015 influenza season, whose results are discussed further in [Section III.2.2](#).

Influenza B: All three SRs/MAs assessed the effect of repeated seasonal vaccination on VE against influenza B. The SRs/MAs had concordant results, demonstrating no apparent difference between vaccination in two consecutive seasons and vaccination in the current season only for influenza B. There were no statistically significant differences in the season specific estimates for adjusted VE against influenza B between vaccination in two consecutive seasons and vaccination in the current season only in the analyses by Ramsay et al., except for the overall seasons pooled VE estimate where the upper limit of the CI was close to the null (pooled VE difference: -11%, 95% CI: -20 to -2%, I²: 0%). Similarly, Bartoszko et al. did not find a statistical difference in the pooled ORs of influenza B infection, comparing vaccination in two consecutive seasons with vaccination in the current season only, derived from either RCT or observational study designs [OR (RCTs): 0.85, 95% CI: 0.36 to 2.02%, I²: 15%; OR (observational): 1.13, 95% CI: 0.85 to 1.50%, I²: 52%]. Belongia et al. also reported similar VE against influenza B between vaccination in consecutive seasons [pooled VE: 55%, 95% CI: 38 to 67%, I²: not reported (NR)] and vaccination in the current season only (pooled VE: 61%, 95% CI: 43 to 74%, I²: NR). Belongia et al. was the only SR/MA that reported VE against the different influenza B lineages; the authors found similar pooled unadjusted VE between the two groups against influenza B/Yamagata [pooled VE (consecutive seasons): 57%, 95% CI: 47 to 65%, I²: NR; pooled VE (current season only): 62%, 95% CI: 46 to 73%, I²: NR] and against B/Victoria [pooled VE (consecutive seasons): 62%, 95% CI: 45 to 74%, I²: NR; pooled VE (current season only): 67%, 95% CI: 41 to 81%, I²: NR].

III.2.2 Vaccine effectiveness by influenza season where repeat effects were observed

Three of the four SRs/MAs examined VE stratified by influenza season. Belongia et al. assessed pooled VE against influenza A(H1N1)pdm09 in 2010–2011 and 2013–2014 and against influenza A(H3N2) in 2014–2015. Ramsay et al. assessed VE against influenza A(H1N1) and B in 2010–2011 to 2014–2015, and against influenza A(H3N2) in 2007–2008, 2011–2012, 2012–2013, and 2014–2015; however, not all analyses included data from more than one primary study. Bartoszko et al. assessed the effect of repeated vaccination on VE against influenza A(H3N2) during nine different influenza seasons (2008–2009 to 2016–2017), but only reported an effect estimate for the 2010–2011 season and narratively described the results for the other seasons. All estimates compared vaccination in two consecutive seasons to vaccination in the current season only.

None of the SRs/MAs found statistically significant differences in VE between vaccination in the current and prior season and vaccination in the current season only for influenza A(H1N1),

A(H3N2), or B in any specific influenza season apart from the two listed below^{14,15,21} (data not shown, please refer to original studies for full details).

2010–2011: Bartoszko et al. completed a post-hoc subgroup meta-analysis of unadjusted estimates by season, and found that during the 2010–2011 influenza season, the odds of having medically-attended, LCI A(H3N2) were statistically significantly higher among those vaccinated with seasonal influenza vaccine over two consecutive seasons compared to those vaccinated in the current season only (OR: 1.98, 95% CI: 1.32 to 2.97%, I²: 0%) (I² estimate received by request). Belongia et al. and Ramsay et al. did not have a VE estimate against influenza A(H3N2) for the 2010–2011 season.

2014–2015: Ramsay et al. found that repeated vaccination was statistically significantly less effective against influenza A(H3N2) in the 2014–2015 season than vaccination in the current season only (pooled adjusted VE difference: -54%, 95% CI: -88 to -20%, I²: 29%). Belongia et al. found that although the direction of the point estimates for vaccination in two consecutive seasons and for vaccination in the current season only differed, the CIs for the two estimates greatly overlapped, to the point that one estimate's CI completely encompassed the other's [pooled VE (consecutive): -9%, 95% CI: -26 to 6%, I²: NR; pooled VE (current only): 36%, 95% CI: -32% to 69%, I²: NR]. As well, both CIs crossed zero, indicating that neither demonstrated statistically significant VE against medically-attended influenza A(H3N2) during the 2014–2015 season. Bartoszko et al. noted in their SR/MA that they did not observe a statistically significant difference in pooled unadjusted VE during 2014–2015 among repeated vaccinees compared to current season only vaccinees (OR: 1.34, 95% CI: 0.97 to 1.83, I²: 70%) (effect estimate received by request); however, the trend appeared to follow that shown in the other SRs/MAs.

III.2.3 Vaccine effectiveness in individuals vaccinated over three or more consecutive seasons

Only the SR/MA by Bartoszko et al. assessed influenza VE over three or more consecutive seasons. The authors compared the current season VE of individuals vaccinated consecutively across three, four or more, and five or more influenza seasons compared with individuals vaccinated in the current season only, by pooling data from two RCTs (five estimates) and 3–4 observational studies (3–6 estimates). In observational studies, the pooled unadjusted odds of medically-attended, LCI among individuals vaccinated in three (OR: 1.97, 95% CI: 1.14 to 3.39%, I²: 60%), four or more (OR: 1.40, 95% CI: 1.03 to 1.88%, I²: 54%), and five or more (OR: 1.57, 95% CI: 1.23 to 2.02%, I²: 5%) consecutive seasons were higher relative to individuals vaccinated in the current season only. The pooled estimate from the two RCTs did not find a statistically significant difference in the unadjusted odds of having medically-attended, LCI among those with vaccination over three consecutive seasons compared with those with vaccination in the current season only (OR: 1.06, 95% CI: 0.65 to 1.75%, I²: 0%).

III.2.4 Vaccine efficacy and effectiveness by vaccine type

Two studies examined vaccine efficacy or effectiveness stratified by type of seasonal influenza vaccine^{20,21}. Bartoszko et al. pooled data from four RCTs (eight estimates) and 27 observational studies (40 estimates) separately to assess the unadjusted VE of repeated vaccination compared with vaccination in the current season only for inactivated influenza vaccines (IIV). The authors found that the odds of having medically-attended, LCI were not statistically significantly different among participants with repeated IIV vaccination over two consecutive seasons and participants vaccinated with IIV in the current season only [OR (RCTs): 0.87, 95% CI: 0.59 to 1.30%, I²: 28%; OR (observational): 1.14, 95% CI: 0.98 to 1.33%, I²: 63%].

The authors also conducted a subgroup meta-analysis of two RCTs (two estimates) on the comparative VE for live attenuated influenza vaccine (LAIV) and did not find a statistically significant difference in the odds of having medically-attended, LCI between the two vaccination scenarios (OR: 1.16, 95% CI: 0.58 to 2.32%, I²: 69%).

Morimoto et al. assessed vaccine efficacy by vaccine type against medically-attended influenza infection in children (six estimates). The authors found that the risk of having medically-attended, LCI was not statistically significantly different among children who received IIV during two consecutive seasons compared to the current season only (matched cases: RR: 1.16, 95% CI: 0.28 to 4.76%, I²: 0%; mismatched cases: RR: 1.08, 95% CI: 0.27 to 4.37%, I²: 0%). Please refer to [Section III.2.8](#) for Morimoto et al.'s definition of matched and mismatched cases. The same was true for matched cases of children who received LAIV (RR: 0.61, 95% CI: 0.24-1.57%, I²: 46.3%); however, children who received LAIV in two consecutive seasons and had a mismatched case of influenza had significantly higher risk of medically-attended, LCI infection (RR: 2.03, 95% CI: 1.20-3.41%, I²: 0%).

III.2.5 Prior season vaccination with monovalent pandemic influenza vaccine

One SR/MA reported estimates involving prior vaccination with monovalent pandemic influenza vaccine²¹. Bartoszko et al. pooled data from seven observational studies (number of estimates not reported) to examine the odds of having medically-attended, laboratory-confirmed seasonal influenza comparing participants who received monovalent pandemic influenza vaccine in the prior season and seasonal influenza vaccine in the current season relative to participants who received seasonal influenza vaccine in the current season alone. No difference in the pooled unadjusted odds was detected between either group (OR: 0.97, 95% CI: 0.59 to 1.60%, I²: NR). The authors did not report whether the pooled estimate included studies for which participants received an adjuvanted or unadjuvanted monovalent pandemic vaccine.

III.2.6 Vaccine efficacy and effectiveness by age group

Two SRs/MAs assessed vaccine efficacy or effectiveness by age group^{20,21}. Overall, there appeared to be no significant difference in VE based on age group.

Two separate subgroup meta-analyses comparing VE by age group were completed by Bartoszko et al., which was the only SR/MA to report on VE stratified by age. One was a subgroup meta-analysis of 14 observational studies (20 estimates) that compared unadjusted VE of vaccination in consecutive seasons and vaccination in the current season only for children (17 years of age or younger), adults (18–64 years of age), and older adults (65 years of age and older) [OR (children): 0.93, 95% CI: 0.51 to 1.69%, I²: 78%; OR (adults): 0.95, 95% CI: 0.75 to 1.21%, I²: 34%; OR (older adults): 0.78, 95% CI: 0.61 to 1.01%, I²: 0%], while the other subgroup meta-analysis of four RCTs (eight estimates) compared unadjusted VE for the two vaccination scenarios in children and adults [OR (children): 1.07, 95% CI: 0.63 to 1.80, I²: 59%; OR (adults): 0.79, 95% CI: 0.50 to 1.24%, I²: 0%]. Results from these subgroup meta-analyses showed that the odds of medically-attended LCI were not statistically significantly different between the two vaccination scenarios for any of the age groups assessed by pooled estimates from RCTs or observational studies.

Morimoto et al. assessed vaccine efficacy against any medically-attended influenza in children (six studies, six estimates) and in adults 30–60 years of age (one study, three estimates). The authors found that the risk of having medically-attended, LCI was not statistically significantly

different among children or adults who had received influenza vaccination over two consecutive seasons compared to those that had received the vaccine in the current season only (children: RR: 1.31, 95% CI: 0.79 to 2.16%, I²: 37.6%; adults: RR: 1.12, 95% CI: 0.65 to 1.92%, I²: 19.1%).

III.2.7 Vaccine effectiveness by underlying comorbidity

A subgroup meta-analysis of 11 observational studies (12 estimates) conducted by Bartoszko et al. found that there was no statistically significant difference in the unadjusted odds of having medically-attended, LCI between vaccination in two consecutive seasons and vaccination in the current season only in subgroups with no reported comorbidities (OR: 1.06, 95% CI: 0.59 to 1.93%, I²: 81%) or in subgroups with one or more reported comorbidities (OR: 0.95, 95% CI: 0.69 to 1.54%, I²: 63%). There was substantial heterogeneity in both estimates. No other SRs/MAs assessed efficacy or effectiveness by underlying comorbidity.

III.2.8 Vaccine efficacy and effectiveness by vaccine match

Bartoszko et al. conducted a subgroup meta-analysis of five RCTs (nine estimates) and a subgroup meta-analysis of 27 observational studies (39 estimates) to assess the comparative effectiveness of repeated influenza vaccination in scenarios where the circulating influenza strains in the current influenza season were a match to vaccine strains, and scenarios where they were a mismatch to vaccine strains. The odds of having medically-attended, LCI did not differ significantly between individuals vaccinated in consecutive seasons and individuals vaccinated in the current season only for influenza seasons when the vaccine matched the circulating strains [OR (RCTs): 0.73, 95% CI: 0.42 to 1.26%, I²: 0%; OR (observational): 1.00, 95% CI: 0.80 to 1.26%, I²: 46%] or for when the vaccine was a mismatch for circulating strains [OR (RCTs): 0.96, 95% CI: 0.61 to 1.51%, I²: 50%; OR (observational): 1.26, 95% CI: 1.00 to 1.58%, I²: 73%]. Vaccine match and mismatch were determined based on what had been reported in the primary study, and if not reported, were based on SR/MA author judgement. However, the authors did not report how vaccine match and mismatch were defined; therefore, these results should be interpreted with caution.

Morimoto et al. assessed vaccine efficacy by vaccine match in children and in adults. The authors defined cases as matched or mismatched to the vaccine strain based on antigenic characterization by hemagglutinin inhibition assay. The vaccine was considered to match the circulating strain if it was the same subtype (influenza A) or lineage (influenza B) and antigenically similar to the vaccine strain. Meta-analysis results showed that the risk of having medically-attended, LCI was not statistically significantly different between matched cases in children (RR: 0.64, 95% CI: 0.33 to 1.22%, I²: 17.3%) or mismatched cases in adults (RR: 1.35, 95% CI: 0.77 to 2.38%, I²: 0%); however, as reported in [Section III.2.4](#), children who had been vaccinated in two consecutive seasons were more at risk of influenza infection caused by an influenza virus not contained within the vaccine than those who had only been vaccinated in the current season (RR: 2.04, 95% CI: 1.29 to 3.22%, I²: 0%). No meta-analysis was conducted for matched cases in adults, as there was only one estimate available²⁰.

III.3 Evidence for vaccine effectiveness of repeated vaccination compared to vaccination in prior season only

Two of the four SRs/MAs assessed VE of repeated vaccination compared to VE of vaccination in the prior season only. Ramsay et al. conducted three meta-analyses, stratified by influenza type, to examine the difference in adjusted VE between vaccination in the current and prior seasons and vaccination in the prior season only. For influenza A(H1N1), pooled data from 13 observational studies (16 estimates) showed statistically significantly higher adjusted VE among recipients vaccinated over the two most recent influenza seasons compared to vaccination in the prior season only (pooled VE difference: 25%, 95% CI: 14 to 35%, I^2 : 0%). Similar findings were also shown for influenza B, which were based on pooled data from 10 observational studies (13 estimates) (pooled VE difference: 18%, 95% CI: 3 to 33%, I^2 : 26%).

However, pooled data from 11 observational studies (14 estimates) found no statistically significant difference in adjusted VE against influenza A(H3N2) between the two vaccination scenarios (pooled VE difference: 7%, 95% CI: -7 to 21%, I^2 : 4%). VE estimates from the meta-analyses completed by Belongia et al. showed similar VE estimates for vaccination in consecutive seasons and for vaccination in the prior season only for influenza A(H1N1) [pooled VE (consecutive): 67%, 95% CI: 53 to 78%, I^2 : 69%; pooled VE (prior only): 46%, 95% CI: 29% to 59%, I^2 : 40%], influenza A(H3N2) [pooled VE (consecutive): 17%, 95% CI: -10 to 37%, I^2 : 86%; pooled VE (prior only): 9%, 95% CI: -10 to 25%, I^2 : 48%], and influenza B [pooled VE (consecutive): 55%, 95% CI: 38 to 67%, I^2 : NR; pooled VE (prior only): 25%, 95% CI: 4 to 42%, I^2 : NR].

III.4 Evidence for vaccine effectiveness of repeated vaccination compared to no vaccination

Two SRs/MAs reported VE of repeat vaccination compared to no vaccination. The SR/MA conducted by Belongia et al. reported the pooled VE of repeated influenza vaccination with reference to persons who were unvaccinated in both the current and prior season. Based on a meta-analysis of unadjusted estimates, vaccination in the current and prior season showed statistically significant VE against influenza A(H1N1) (pooled VE: 67%, 95% CI: 53 to 78%, I^2 : 69%) and influenza B (pooled VE: 55%, 95% CI: 38 to 67%, I^2 : NR). However, vaccination in the current and prior season did not produce statistically significant VE against influenza A(H3N2) (pooled VE: 17%, 95% CI: -10 to 37%, I^2 : 86%). A separate meta-analysis of three studies that assessed VE during specific influenza seasons found that repeated vaccination was not effective only during the 2014–2015 influenza season. Therefore, the authors concluded that the low VE during this season was driving the overall absence of statistically significant VE against influenza A(H3N2).

Bartoszko et al. concluded that, based on data pooled from five RCTs (nine estimates) and from 28 observational studies (40 estimates), vaccination in two consecutive seasons was statistically significantly effective against any influenza strain when no vaccination in either season was used as a reference [pooled VE (RCTs): 71%, 95% CI: 62 to 78%, I^2 : NR; pooled VE (observational): 41%, 95% CI: 30 to 51%, I^2 : NR].

IV. DISCUSSION

For most estimates included in the SRs/MAs, there was no significant difference in vaccine efficacy or effectiveness between vaccination in two consecutive seasons and vaccination in the current season only. When stratified by season, the majority of estimates demonstrated that there was no significant difference in VE for vaccination in two consecutive seasons and vaccination in the current season only. However, there were some exceptions. Notably, two SRs/MAs demonstrated that repeated vaccination had a statistically significantly lower VE compared to vaccination in the current season only; one SR/MA found a lower VE against influenza A(H3N2) during 2010–2011²¹, and the other SR/MA found a lower VE against influenza A(H3N2) during 2014–2015 and against influenza B, but only in the pooled overall estimate¹⁵. During the 2014–2015 Northern Hemisphere influenza season, the influenza A(H3N2) component of the vaccine was unchanged from the 2013–2014 season²² and was mismatched with the circulating strain, a situation in which repeated vaccination is predicted by the antigenic distance hypothesis to negatively interfere with VE^{7,11}. However, the authors of this study noted that their estimate was largely driven by the 2014–2015 season. The 2010–2011 influenza season was the first post-2009 pandemic season and also contained a different influenza A(H3N2) vaccine component than the 2009 Northern Hemisphere vaccine²². Therefore, it is important to consider that factors besides vaccine virus components may be affecting VE estimates.

Vaccination in the current season appeared to offer the best protection against influenza, regardless of previous season's vaccination status, since vaccination in the current season only and vaccination in two consecutive seasons was consistently more effective than vaccination in the prior season only and no vaccination in either season. The only instance when vaccination in two consecutive seasons was not significantly more effective than vaccination in the prior season only was in 2014–2015 against influenza A(H3N2). Firm conclusions on the difference between vaccination in consecutive seasons and vaccination in the prior season only could not be drawn from the indirect comparisons, as many of the 95% CIs for these VE estimates were slightly overlapping²³.

The one SR/MA that assessed the effect of vaccination over three or more consecutive influenza seasons showed that, based on meta-analyses of observational studies, the odds of medically-attended, LCI was greater among those vaccinated in three, four or more, and five or more consecutive influenza seasons compared to those vaccinated in the current season only. However, these estimates were based on a small number of studies and were not adjusted for confounding, which may be important as there could be important underlying differences between individuals who receive the influenza vaccine annually and individuals who do not regularly receive the vaccine (e.g., individuals at high-risk of influenza infection may be more likely to receive the vaccine annually and to seek medical attention for influenza-like illness). Therefore, the current evidence is insufficient to draw firm conclusions on the effect of vaccination in three or more consecutive seasons. A recent study by Kwong et al., which was not captured by any of the included SRs/MAs due to the recency of publication, assessed the effect of repeated influenza vaccination on older adults over 10 previous seasons in Canada²¹. The authors of this study found a statistically significant trend towards decreasing VE for those vaccinated in the current season as the number of previous vaccinations increased. However, the opposite is true for those unvaccinated in the current season – as the number of previous vaccinations increased, protection in the current season also increased, which implies increasing residual protection from previous vaccinations. Regardless of the number of previous vaccinations however, vaccination in the current season provided some benefit, and was

superior to remaining unvaccinated. This aligns with the findings presented in this overview for studies that assessed VE over a shorter period of time.

There was substantial heterogeneity for some of the pooled effect measures included in this overview, which indicates the presence of important underlying factors that may make meta-analysis of the data inappropriate. This was expected for estimates that pooled data across multiple influenza seasons, as VE is highly variable year to year. This was demonstrated by multiple SRs/MAs, as estimates from all SRs/MAs for specific influenza seasons tended to have little to no heterogeneity, suggesting that season-specific characteristics may account for most of the heterogeneity in other sub-analyses. However, despite seasonal differences explaining some of the heterogeneity present, further heterogeneity still exists. Some of this could be explained by differences in the local epidemiology, especially given that all SRs/MAs pooled estimates from multiple countries. Circulating influenza strains may differ by location, not just by hemisphere, and therefore estimates that pool data from many different countries could have substantial heterogeneity due to the varying contexts.

Influenza VE is also likely affected by many other factors, including vaccine strain match to circulating strains²⁴, initial exposure to influenza virus²⁵, egg-adaptive^{25,26} mutations in the vaccine viruses^{26,27}, and possibly other currently unknown factors. In addition, these factors likely have complex interactions with each other, as suggested in a recent article by Skowronski et al.²⁸ The degree to which repeated vaccination and these other factors affect VE is not fully understood, and varies season to season, making it extremely difficult to predict far enough in advance of the next influenza season to make vaccine policy or administration practice changes. Therefore, a better understanding of the underlying immunological mechanisms and factors affecting the immune response to influenza vaccination are necessary to improve influenza vaccine development and programs.

Finally, addressing programmatic factors such as ethics, equity, feasibility and acceptability²⁹ as future evidence emerges on this topic will remain important. Guidance on influenza immunization upholds the core ethical dimensions for public health by aiming to prevent future disease, but it must be given in the challenging context of parameters that vary from season to season and are very difficult to predict (such as vaccine to circulating strain match or mismatch, and variable clinical disease severity). It is also important to consider that the effectiveness of a vaccine may have a significant impact on vaccine acceptability³⁰, which in turn may affect the uptake and impact of an immunization program. Therefore, despite negative interference occurring inconsistently in the literature summarized, the potential for reduced VE is of concern. As new vaccine products are added and as evidence emerges, including new studies examining the effect of pre-existing immunity on influenza vaccine responses^{31–33}, NACI will continue to monitor the evidence for this phenomenon, and will issue new guidance as needed.

IV.1 Limitations

This overview was designed to assess the effects of repeated influenza vaccination on VE, efficacy, and immunogenicity for the purpose of providing guidance on annual influenza vaccination. All SRs/MAs that were included contained a systematic review and a meta-analysis of the effects of repeated influenza vaccination on vaccine efficacy or effectiveness but did not provide an evaluation of immunogenicity. Through this lens, additional evidence is necessary for the outcomes in this overview to determine the effect of repeated vaccination over time and across multiple influenza seasons. However, pooling data across seasons and from different geographic locations, as done by the SRs/MAs included in this overview, is insufficient to determine the potential causes of and mechanisms behind the effect of repeated vaccination on

VE, and is expected to give estimates with high heterogeneity, since VE is affected by variables that often change season to season (e.g., circulating strain, vaccine match, etc.).

The SRs/MAs included for review all had similar research questions, as well as inclusion and exclusion criteria; as a result, there was significant overlap (46%) in the primary studies included for evidence synthesis in the SRs/MAs. Therefore, we caution that, while the results appear to draw data from many studies and populations, the SRs/MAs used much of the same data to produce the pooled estimates. Despite the different methods used by the SRs/MAs to pool data across studies (VE, difference in VE, RR, and OR), the results and conclusions of the SRs/MAs were generally consistent with each other, strengthening the reliability of the conclusions drawn from this evidence synthesis. The SRs/MAs were of good quality based on AMSTAR 2. The primary studies included in the SRs/MAs were also generally of good quality; the RoB was low for observational studies, which formed the majority of the evidence base. However, authors noted a high RoB for RCTs. Separate meta-analyses were completed for estimates from RCTs and from observational studies. The findings for most outcomes were similar; therefore, it does not appear that the high RoB for the included RCTs significantly affected the results of the meta-analyses.

The SRs/MAs by Bartoszko et al. and Morimoto et al. included studies that confirmed influenza infection using RT-PCR, which is the gold standard for influenza virus detection due to its higher sensitivity and specificity^{34,35}, but also studies using influenza infection confirmed by laboratory methods other than RT-PCR. Bartoszko et al. included these studies after determining that their inclusion did not significantly alter effect estimates, which alleviates some of the concerns with including studies that detected influenza virus by other laboratory methods for their SR/MA. Of note, studies using laboratory methods other than RT-PCR represented a small proportion of the total number of included studies (14%).

This overview included SRs/MAs that presented pooled effect estimates for direct comparisons (pooled difference in VE, RR, OR) and indirect comparisons, such as comparing separate pooled VE estimates for different vaccination scenarios which used unvaccinated in either season as a reference. Since the purpose of this overview was to determine the effects of repeated vaccination compared to either vaccination in the current season only, vaccination in the prior season only, or no vaccination, an effect estimate from a direct comparison is more appropriate for answering this overview's research question than an indirect comparison, as estimates with slightly overlapping CIs could still be significantly different²³.

How some subgroups were assessed, and which subgroups were not assessed, presented particular limitations. Bartoszko et al. assessed influenza VE by vaccine match or mismatch, but did not specify how a match or mismatch had been defined, which presents difficulties for interpreting these findings. In addition, none of the SRs/MAs assessed the efficacy or effectiveness of adjuvanted, high dose, cell-based, or egg-based influenza vaccines, which are all different formulations of influenza vaccine authorized for use in Canada.

V. RECOMMENDATIONS

1. NACI continues to recommend that seasonal influenza vaccine should be offered annually to everyone 6 months of age and older who does not have contraindications to the vaccine, irrespective of previous seasons' influenza vaccination status.

(Strong NACI Recommendation)

- NACI concludes that there is fair evidence to recommend annual influenza vaccination, irrespective of whether an individual received the seasonal influenza vaccine in previous seasons (Grade B Evidence).

Summary of Evidence

- Repeated vaccination across seasons, including the current season, was consistently more effective than no vaccination in the current season.
- In general, the evidence shows no significant difference or predictable trend in vaccine efficacy or effectiveness between vaccinations in two consecutive seasons compared to vaccination in the current season only.
 - Of all the seasons investigated across many studies, only two influenza seasons indicated that VE of vaccination over consecutive seasons was statistically significantly lower than vaccination in the current season only. These notable seasons were influenza A(H3N2) in 2010–2011²¹, and influenza A(H3N2) in 2014–2015¹⁵. These findings were not statistically significant in all SRs/MAs which assessed VE in these two seasons; however, a trend towards lower VE for repeated vaccination was consistent for the 2014–2015 season across all studies^{14,21}.
- Evidence on the effects of repeated vaccination over three or more consecutive seasons was limited and is insufficient to draw firm conclusions at this point in time.
- Given the complex interplay between immune imprinting (such as previous exposures through vaccination and natural infection), circulating virus types, and individual characteristics, it is not currently feasible nor warranted to modify existing annual influenza vaccination programs to account for potential negative or positive interference effects related to repeated influenza vaccination across seasons.

VI. RESEARCH PRIORITIES

Research to address the following outstanding questions is encouraged:

NEW AND EMERGING RESEARCH PRIORITIES

Further evaluation of VE stratified by characteristics in addition to influenza strain type and subtype would allow for better identification of when the effects of repeated influenza vaccination should be considered and which specific populations may be affected.

- Further evaluation of the effects of long-term repeated influenza vaccination on VE over more than 2 consecutive seasons.
- Further evaluation of the effects of repeated influenza vaccination on VE stratified by age group and vaccine type.
- Investigation of the effects of repeated influenza vaccination on severe influenza-related outcomes, such as hospitalization and death.
- Evaluation of the effects of repeated influenza vaccination that accounts for previous influenza exposure through vaccination and/or natural infection.
- Further investigation of the immunological mechanisms underlying the effects of repeated influenza vaccination on VE, including the antigenic distance hypothesis and immunological imprinting.

ADDITIONAL TABLES

Table 4. NACI recommendations: Strength of recommendation and grade of evidence

STRENGTH OF NACI RECOMMENDATION	GRADE OF EVIDENCE
Based on factors not isolated to strength of evidence (e.g. public health need)	Based on assessment of the body of evidence
<p>Strong “should/should not be offered”</p> <ul style="list-style-type: none"> ➤ Known/Anticipated advantages outweigh known/anticipated disadvantages (“should”), OR Known/Anticipated disadvantages outweigh known/anticipated advantages (“should not”) ➤ Implication: A strong recommendation applies to most populations/individuals and should be followed unless a clear and compelling rationale for an alternative approach is present 	A - <i>good evidence</i> to recommend
	B – <i>fair evidence</i> to recommend
	C – <i>conflicting evidence</i> , however other factors may influence decision-making
	D – <i>fair evidence</i> to recommend against
	E – <i>good evidence</i> to recommend against
	I – <i>insufficient evidence</i> (in quality or quantity), however other factors may influence decision-making
<p>Discretionary “may be considered”</p> <ul style="list-style-type: none"> ➤ Known/Anticipated advantages closely balanced with known/anticipated disadvantages, OR uncertainty in the evidence of advantages and disadvantages exists ➤ Implication: A discretionary recommendation may be considered for some populations/individuals in some circumstances. Alternative approaches may be reasonable. 	A - <i>good evidence</i> to recommend
	B – <i>fair evidence</i> to recommend
	C – <i>conflicting evidence</i> , however other factors may influence decision-making
	D – <i>fair evidence</i> to recommend against
	E – <i>good evidence</i> to recommend against
	I – <i>insufficient evidence</i> (in quality or quantity), however other factors may influence decision-making

Table 5. Summary of evidence related to efficacy and effectiveness of repeated influenza vaccination

STUDY DETAILS					SUMMARY																																																																										
Study	Vaccine	Study Design	Participants	Summary of Key Findings	Level of Evidence	Quality																																																																									
Bartoszek JJ, McNamara IF, Aras OA, Hylton DA, Zhang YB, Malhotra D, Hyett SL, Morassut RE, Rudziak P, Loeb M. Does consecutive influenza vaccination reduce protection against influenza: A systematic review and meta-analysis. Vaccine. 2018 Jun 7;36(24):3434-44. ²¹	Seasonal influenza vaccine	<p>SR/MA Random effects model</p> <p>PICO: see Tables 1 and 2</p> <p>Included: RCTs, quasi-RCTs, observational studies</p> <p>Influenza seasons: 23 seasons between 1983–1994 and mid 2016–2017</p> <p>Funding: Canadian Institute for Health Research Foundation Grant</p>	<p>Number of participants (RCTs): 11,987</p> <p>Number of participants (observational): 28,627</p> <p>Age range: all ages</p>	<p>Primary findings: SR included a total of 5 RCTs (MA=5) and 39 observational studies (MA=34).</p> <p>OR was assessed by determining the unadjusted odds of influenza infection, confirmed by any laboratory test, between vaccination in consecutive seasons and vaccination in the current season only.</p> <table border="1"> <thead> <tr> <th>Strain</th> <th>Study design</th> <th>OR</th> <th>95% CI</th> <th>I²</th> <th># of estimates (studies)</th> </tr> </thead> <tbody> <tr> <td rowspan="2">Any strain</td> <td>RCT</td> <td>0.88</td> <td>0.62, 1.26</td> <td>39%</td> <td>5 (9)</td> </tr> <tr> <td>Obs.</td> <td>1.14</td> <td>0.98, 1.32</td> <td>63%</td> <td>40 (28)</td> </tr> <tr> <td rowspan="2">H1N1</td> <td>RCT</td> <td>0.86</td> <td>0.38, 1.96</td> <td>0%</td> <td>3 (2)</td> </tr> <tr> <td>Obs.</td> <td>0.87</td> <td>0.67, 1.12</td> <td>46%</td> <td>15 (12)</td> </tr> <tr> <td rowspan="2">H3N2</td> <td>RCT</td> <td>0.71</td> <td>0.37, 1.34</td> <td>0%</td> <td>3 (2)</td> </tr> <tr> <td>Obs.</td> <td>1.09</td> <td>0.86, 1.38</td> <td>70%</td> <td>18 (16)</td> </tr> <tr> <td rowspan="2">B</td> <td>RCT</td> <td>0.85</td> <td>0.36, 2.02</td> <td>15%</td> <td>4 (2)</td> </tr> <tr> <td>Obs.</td> <td>1.13</td> <td>0.85, 1.50</td> <td>52%</td> <td>11 (11)</td> </tr> </tbody> </table> <p>The VE of repeated vaccination was also assessed by pooling the unadjusted VE against influenza infection, confirmed by any RT-PCR. Unvaccinated in the current and prior seasons was the reference category:</p> <table border="1"> <thead> <tr> <th>Vaccination scenario</th> <th>Study design</th> <th>VE</th> <th>95% CI</th> <th># of estimates (studies)</th> </tr> </thead> <tbody> <tr> <td rowspan="2">Current and prior season</td> <td>RCT</td> <td>71%</td> <td>62, 78</td> <td>5 (9)</td> </tr> <tr> <td>Obs.</td> <td>41%</td> <td>30, 51</td> <td>40 (28)</td> </tr> <tr> <td rowspan="2">Current season only</td> <td>RCT</td> <td>58%</td> <td>48, 66</td> <td>5 (9)</td> </tr> <tr> <td>Obs.</td> <td>47%</td> <td>39, 54</td> <td>40 (28)</td> </tr> </tbody> </table>	Strain	Study design	OR	95% CI	I ²	# of estimates (studies)	Any strain	RCT	0.88	0.62, 1.26	39%	5 (9)	Obs.	1.14	0.98, 1.32	63%	40 (28)	H1N1	RCT	0.86	0.38, 1.96	0%	3 (2)	Obs.	0.87	0.67, 1.12	46%	15 (12)	H3N2	RCT	0.71	0.37, 1.34	0%	3 (2)	Obs.	1.09	0.86, 1.38	70%	18 (16)	B	RCT	0.85	0.36, 2.02	15%	4 (2)	Obs.	1.13	0.85, 1.50	52%	11 (11)	Vaccination scenario	Study design	VE	95% CI	# of estimates (studies)	Current and prior season	RCT	71%	62, 78	5 (9)	Obs.	41%	30, 51	40 (28)	Current season only	RCT	58%	48, 66	5 (9)	Obs.	47%	39, 54	40 (28)	SR/MA	See Table 3 .
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<p>Belongia EA, Skowronski DM, McLean HQ, Chambers C, Sundaram ME, De Serres G. Repeated annual influenza vaccination and vaccine effectiveness: Review of evidence. Expert Rev Vaccines. 2017;16(7):723–36¹⁴</p>	Seasonal influenza vaccine	<p>SR/MA Random effects model</p> <p>PICO: see Tables 1 and 2</p> <p>Included: test-negative case-control, case-control, cohort, RCTs</p> <p>Influenza seasons: 2010–2011 to 2014–2015</p> <p>Funding: study was not funded</p>	<p>Number of participants: NR</p> <p>Age range: 2 years of age and older</p>	<p>Primary findings: SR included 18 studies (MA=17).</p> <p>VE was assessed by pooling the unadjusted VE against influenza infection, confirmed by any RT-PCR. Unvaccinated in the current and prior seasons was the reference category for all following scenarios:</p> <p>VE for vaccination in two consecutive seasons:</p> <table border="1"> <thead> <tr> <th>Strain</th> <th>VE</th> <th>95% CI</th> <th>I²</th> <th># of estimates (studies)</th> </tr> </thead> <tbody> <tr> <td>(H1N1)pdm09</td> <td>67%</td> <td>53, 78</td> <td>69%</td> <td>10 (10)</td> </tr> <tr> <td>H3N2</td> <td>17%</td> <td>-10, 37</td> <td>86%</td> <td>7 (7)</td> </tr> <tr> <td>B</td> <td>55%</td> <td>38, 67</td> <td>NR</td> <td>5 (5)</td> </tr> <tr> <td>B/Yam</td> <td>57%</td> <td>47, 65</td> <td>NR</td> <td>6 (6)</td> </tr> <tr> <td>B/Vic</td> <td>62%</td> <td>45, 74</td> <td>NR</td> <td>3 (3)</td> </tr> </tbody> </table> <p>VE for vaccination in current season only:</p> <table border="1"> <thead> <tr> <th>Strain</th> <th>VE</th> <th>95% CI</th> <th>I²</th> <th># of estimates (studies)</th> </tr> </thead> <tbody> <tr> <td>(H1N1)pdm09</td> <td>58%</td> <td>48, 67</td> <td>0%</td> <td>10 (10)</td> </tr> <tr> <td>H3N2</td> <td>39%</td> <td>16, 55</td> <td>73%</td> <td>7 (7)</td> </tr> <tr> <td>B</td> <td>61%</td> <td>43, 74</td> <td>NR</td> <td>5 (5)</td> </tr> <tr> <td>B/Yam</td> <td>62%</td> <td>46, 73</td> <td>NR</td> <td>6 (6)</td> </tr> <tr> <td>B/Vic</td> <td>67%</td> <td>41, 81</td> <td>NR</td> <td>3 (3)</td> </tr> </tbody> </table> <p>VE for vaccination in prior season only:</p> <table border="1"> <thead> <tr> <th>Strain</th> <th>VE</th> <th>95% CI</th> <th>I²</th> <th># of estimates (studies)</th> </tr> </thead> <tbody> <tr> <td>(H1N1)pdm09</td> <td>46%</td> <td>29, 59</td> <td>40%</td> <td>10 (10)</td> </tr> <tr> <td>H3N2</td> <td>9%</td> <td>-10, 25</td> <td>48%</td> <td>7 (7)</td> </tr> <tr> <td>B</td> <td>25%</td> <td>4, 42</td> <td>NR</td> <td>5 (5)</td> </tr> <tr> <td>B/Yam</td> <td>42%</td> <td>25, 55</td> <td>NR</td> <td>6 (6)</td> </tr> <tr> <td>B/Vic</td> <td>45%</td> <td>-10, 72</td> <td>NR</td> <td>3 (3)</td> </tr> </tbody> </table>	Strain	VE	95% CI	I ²	# of estimates (studies)	(H1N1)pdm09	67%	53, 78	69%	10 (10)	H3N2	17%	-10, 37	86%	7 (7)	B	55%	38, 67	NR	5 (5)	B/Yam	57%	47, 65	NR	6 (6)	B/Vic	62%	45, 74	NR	3 (3)	Strain	VE	95% CI	I ²	# of estimates (studies)	(H1N1)pdm09	58%	48, 67	0%	10 (10)	H3N2	39%	16, 55	73%	7 (7)	B	61%	43, 74	NR	5 (5)	B/Yam	62%	46, 73	NR	6 (6)	B/Vic	67%	41, 81	NR	3 (3)	Strain	VE	95% CI	I ²	# of estimates (studies)	(H1N1)pdm09	46%	29, 59	40%	10 (10)	H3N2	9%	-10, 25	48%	7 (7)	B	25%	4, 42	NR	5 (5)	B/Yam	42%	25, 55	NR	6 (6)	B/Vic	45%	-10, 72	NR	3 (3)	SR/MA	See Table 3 .
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Abbreviations: CI: confidence interval; IIV: inactivated influenza vaccine; LAIV: live attenuated influenza vaccine; MA: meta-analysis; NR: not reported; obs.: observational study; OR: odds ratio; PICO: population, intervention, comparator, and outcome; RCT: randomized controlled trial; RR: relative risk; RT-PCR: reverse-transcriptase polymerase chain reaction; SR/MA: systematic review and meta-analysis; VE: vaccine effectiveness

LIST OF ABBREVIATIONS

<i>Abbreviation</i>	<i>Term</i>
CI	Confidence interval
IIV	Inactivated influenza vaccine
LCI	Laboratory confirmed influenza
LAIV	Live attenuated influenza vaccine
MA	Meta-analysis
NACI	National Advisory Committee on Immunization
NR	Not reported
OR	Odds ratio
PHAC	Public Health Agency of Canada
PICO	Population, intervention, comparator, and outcome
RCT	Randomized controlled trial
RoB	Risk of Bias
RR	Relative risk
RT-PCR	Reverse transcriptase-polymerase chain reaction
SR	Systematic review
SR/MA	Systematic review and meta-analysis
VE	Vaccine effectiveness

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APPENDIX A: SEARCH STRATEGY AND RESULTS

Outlined below are the search terms formatted for the respective databases; this list was developed in collaboration with a librarian at the federal Health Library. Please note the Medline table for a breakdown of search concepts.

OvidMEDLINE

Database(s): **Ovid MEDLINE(R) Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily, Ovid MEDLINE and Versions(R)**

Table 4: OvidMEDLINE Search Strategy

#	Searches	Results
1	influenza vaccines/ or influenza, human/pc	26844
2	(influenza, human/ or exp influenzavirus a/ or exp influenzavirus b/) and (exp vaccines/ or exp vaccination/)	18873
3	((influenza* or flu or H?N?) adj5 (vaccin* or immuni* or inoculat*)).tw,kf,kw.	31281
4	1 or 2 or 3	40820
5	(repeat* or annual* or yearly or consecutive* or ((each or every) adj3 (year* or season*))).tw,kf,kw.	1162272
6	4 and 5	4070
7	limit 6 to (meta analysis or "review" or systematic reviews)	763
8	(meta analysis or "review" or systematic reviews).pt.	2592121
9	meta-analysis/ or systematic review/ or meta-analysis as topic/ or "meta analysis (topic)"/ or "systematic review (topic)"/	114346
10	((systematic* adj3 (review* or overview*)) or (methodologic* adj3 (review* or overview*)) or (quantitative adj3 (review* or overview* or synthes*)) or (integrative adj3 (review* or overview*)) or (collaborative adj3 (review* or overview*)) or meta analy* or metaanaly*).tw,kf,kw.	231991
11	8 or 9 or 10	2660082
12	6 and 11	708
13	7 or 12	773
14	limit 13 to yr="2016 -Current"	87
15	limit 14 to (English or French)	86

86 results

EMBASE

Database: EMBASE 1974 to 2017 October 27

Table 5: EMBASE Search Strategy

#	Searches	Results
1	influenza vaccine/ or influenza vaccination/ or exp influenza/pc or exp influenza virus/pc	42496
2	(exp influenza/ or exp influenza virus/) and (vaccine/ or virus vaccine/ or inactivated virus vaccine/ or vaccination/)	12988
3	((influenza* or flu or H?N?) adj5 (vaccin* or immuni* or inoculat*)).tw,kw.	35784
4	1 or 2 or 3	56476
5	(repeat* or annual* or yearly or consecutive* or ((each or every) adj3 (year* or season*))).tw,kw.	1472575
6	4 and 5	5508
7	limit 6 to (meta analysis or "systematic review" or "review")	927
8	(meta analysis or "systematic review" or "review").pt.	2348984
9	meta analysis/ or review/ or systematic review/ or "meta analysis (topic)"/ or "systematic review (topic)"/	2472401
10	((systematic* adj3 (review* or overview*)) or (methodologic* adj3 (review* or overview*)) or (quantitative adj3 (review* or overview* or synthes*)) or (integrative adj3 (review* or overview*)) or (collaborative adj3 (review* or overview*)) or meta analy* or metaanaly*).tw,kw.	268815
11	8 or 9 or 10	2663316
12	6 and 11	964
13	7 or 12	964
14	limit 13 to yr="2016 -Current"	114
15	limit 14 to (English or French)	110

110 results

Cochrane Library (Wiley interface)**Table 6: Cochrane Library Search Strategy**

ID	Searches	Results
1	MeSH descriptor: [Influenza Vaccines] this term only	1572
2	MeSH descriptor: [Influenza, Human] this term only and with qualifier(s): [Prevention & control - PC]	1198
3	MeSH descriptor: [Influenza, Human] this term only	1674
4	MeSH descriptor: [Influenzavirus A] explode all trees	895
5	MeSH descriptor: [Influenzavirus B] explode all trees	268
6	MeSH descriptor: [Vaccines] explode all trees	9061
7	MeSH descriptor: [Vaccination] explode all trees	2618
8	(#3 or #4 or #5) and (#6 or #7)	1298
9	((influenza* or flu or H?N?) and (vaccin* or immuni* or inoculat*)):ti,ab,kw (Word variations have been searched)	3988
10	#1 or #2 or #8 or #9	4145
11	(repeat* or annual* or yearly or consecutive* or ((each or every) near/3 (year* or season*)):ti,ab,kw (Word variations have been searched)	103447
12	#10 and #11 Publication Year from 2016 to 2017	78

78 results

SCOPUS

(TITLE-ABS-KEY ((influenza* OR flu OR h?n?) W/5 (vaccin* OR immuni* OR inoculat*))) AND (TITLE-ABS-KEY (repeat* OR annual* OR yearly OR consecutive* OR ((each OR every) W/3 (year* OR season*)))) AND (TITLE-ABS-KEY ((systematic* W/3 (review* OR overview*)) OR (methodologic* W/3 (review* OR overview*)) OR (quantitative W/3 (review* OR overview* OR synthes*)) OR (integrative W/3 (review* OR overview*)) OR (collaborative W/3 (review* OR overview*)) OR meta AND analy* OR metaanaly*)) AND (LIMIT-TO (PUBYEAR , 2017) OR LIMIT-TO (PUBYEAR , 2016))

18 results

ProQUEST Public Health

Database: Public Health Database, narrowed by: Entered date: 2016 - 2017; source type: Scholarly Journals

TI,AB,SU((influenza* or flu or H?N?) NEAR/5 (vaccin* or immuni* or inoculat*)) AND TI,AB,SU(repeat* or annual* or yearly or consecutive* or ((each or every) NEAR/3 (year* or season*))) AND ((systematic* NEAR/3 (review* or overview*)) or (methodologic* NEAR/3 (review* or overview*)) or (quantitative NEAR/3 (review* or overview* or synthes*)) or (integrative NEAR/3 (review* or overview*)) or (collaborative NEAR/3 (review* or overview*)) or meta analy* or metaanaly*)Limits applied

81 results

PROSPERO

(influenza* or flu) and (vaccin* or immuni* or inoculat*) and (repeat* or annual* or yearly or consecutive* or "each year" or "every year" or "each season" or "every season")

25 results

APPENDIX B: FLOW DIAGRAM

Effects of Repeated Seasonal Influenza Vaccination. October 27, 2017. Updated June 3, 2019

